Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in this Application:

Listing of Claims:

- 1. (Original) An agent for preventing and healing constipation, containing a hydrogel of a polyvalent metal salt of alginic acid possessing a spherical or ovaloid shape having a short diameter in the range of 1-10 mm and an aspect ratio (long diameter/short diameter) in the range of 1-2.5.
- 2. (Original) An agent according to claim 1, wherein said hydrogel of a polyvalent metal salt of alginic acid is obtained by dropping an aqueous solution of sodium alginate into an aqueous solution of a polyvalent metal salt.
- 3. (Currently amended) An agent according to claim 1 or claim 2, wherein said hydrogel of a polyvalent metal salt of alginic acid has a degree of crosslinking in the range of 30-90%.
- 4. (Currently amended) An agent according to any of claims 1 3, claim 1 wherein said polyvalent metal salt of alginic acid is calcium alginate.
- 5. (Currently amended) An agent according to any of claims 1—3, claim 1 wherein the particles of said polyvalent metal salt of alginic acid are stored in water and/or a hydrogel compound of a natural compound possessing a free acid group capable of reacting with and sequestering a basic compound.
- 6. (Original) An agent according to claim 5, wherein the molecular weight of said natural compound is not less than 10,000.
- 7. (Original) An agent according to claim 6, wherein said acid group is carboxyl group or sulfuric acid group.
- 8. (Original) An agent according to claim 5, wherein said natural compound is at least one member selected from the group consisting of alginic acid, pectin, polydextrose, chondroitin sulfuric acid, and carageenin.
- 9. (Currently amended) An agent according to any of claims 5 8, claim 5 wherein the hydrogel of said natural compound contains an activated carbon in an amount in the range of 1-90 mass%.
 - 10. (Currently amended) An agent according to any of claims 5 9, claim 5

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wherein the volume ratio of said hydrogel of a polyvalent metal salt of alginic acid/water or said natural substance is in the range of 2:1-1:2.

- 11. (Original) A method for the production of an agent for preventing and healing constipation containing a hydrogel of a polyvalent metal salt of alginic acid, comprising the steps of dropping an aqueous solution of sodium alginate into an aqueous solution of a polyvalent metal salt and subsequently washing the resultant solution with water.
- 12. (Original) A method according to claim 11, wherein the concentration of the aqueous solution of sodium alginate is in the range of 0.002-5 mass% and the concentration of the polyvalent metal salt is in the range of 1-10 mass%.
- 13. (Currently amended) A method according to claim 11 or claim 12, wherein the amount of the aqueous solution of sodium alginate to be dropped is in the range of 0.1-5 ml/drop.
- 14. (Original) A method according to any of claims 11 13, claim 11 wherein said aqueous solution of sodium alginate is dropped through a nozzle having the inside diameter of the leading terminal part thereof in the range of 0.1-5 mm.